

# Lesson 9

The Way out of Worry | [Matthew 6](#)

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## START MEETING

1. What are you often worried about? Share two or three things?

## READ AND DISCUSS BIBLE

2. What is the main point Jesus taught in His three examples of piety (giving to needy, prayer & fasting)?
  
3. Compare Matthew 5:14-16 with Matthew 6:1-4. Why is there a difference between Jesus' commands in the two passages?
  
4. What do your priorities/life choices, thoughts, and motives indicate that you treasure most?
  
5. Jesus shares about storing up treasures in heaven. Examine what these following verses say about treasure:  
Psalm 119:72:  
  
2 Corinthians 4:17-18:  
  
Philippians 3:8:  
  
1 Peter 1:4-5:
  
6. Jesus invites us to entrust our lives to Father God. Is seeing God as your heavenly Father who values and cares for you, natural to you? Why or why not?

## MATTHEW: THE DISCIPLEMAKER MANUAL

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Sermon Series  
Bible Study

## PASSAGE FOCUS

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The way out of worry is by treasuring God's kingdom above all things, and entrusting our lives into the Father's hands

## STUDY GUIDE

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### LISTEN

Listen to this passage's sermon before you begin the study. If you missed it, you can watch the recording on the CPC Website or Youtube Channel.

### REFLECT

Take some time to read through the passage and reflect on the questions.

### SHARE

Answer the questions and share with your Life Group.

7. Jesus offered an example of how believers should pray in vs. 9-13. You can either rephrase this line in your own words, or write down what each line means to you personally:

"Our Father in heaven, hallowed be your name."

"Your kingdom come, your will be done, on earth as it is in heaven."

"Give us today our daily bread."

"And forgive us our debts, as we also have forgiven our debtors."

"And lead us not into temptation, but deliver us from the evil one."

### **Close meeting**

- What are some ways through which you have considered God's goodness, and moved you from worry to wonder?
- We are called to replace worry about worldly wealth with a concern for God's Kingdom. What are some practical ways God is calling you to treasure His kingdom first and foremost?

Optional reading: You can read about the nature of our heavenly rewards in C.S Lewis's sermon "The Weight of Glory", through this link (from page 4 onwards): <https://bit.ly/3Z6mguj>